

THIS DOCTOR PRESCRIBES ORGANIC FOOD FOR DOGS

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Juliet with her dog Illy



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INDIANS NEED TO BELIEVE IN THEIR ANCIENT MEDICAL PRACTICES

"I don't have to convince people about Chinese medicine because it is some 5,000 years old, but so are Ayurveda, Unani or Siddha treatments. India is so interesting and rich, with such deep roots in folk medicine... it saddens me to see the majority of population blindly looking up to western culture and medicines. And what surprises me more is that when an Indian talks about folk medicine, no one believes him or her, but when a white-skinned vet comes from a foreign country and talks about locally available herbal treatments that have been in existence for centuries, they not only listen to them, but also believe them."

GO ORGANIC FOR PETS

What a pet eats depends on the kind of species it belongs to and it's based on that that the ratio of protein, calcium, carbohydrates and other vitamins are worked out. "After a personal examination and understanding their deficiency, studying the history of how they were born, we can plan their diet. The food should be as simple as possible — the best is organic. We can also feed raw meat, but it won't suit every animal. Never feed your dog going by what's written on the net. Food is medicine, but people don't see it that way," says Juliet. Pet owners should also understand the emotional stress animals go through, and they also should keep the surroundings clean for them to live in, she adds.

HOW CHINESE MEDICINES WORK

Whenever Juliet goes to treat an animal, she spends 45 minutes during the first session with

tions: is the dog drinking enough water, does it get a good night's sleep, is it aggressive, does it like warm or cold temperature, etc. These questions are basic for me, but not for an ordinary vet, who just finishes his work in fifteen minutes of examination followed by prescribing some pills and injection. The first step is palpating the animal; since they don't talk our language, palpating helps us to get an idea of their body," says Juliet, who brings Chinese herbs from Belgium. "In our country, we source the herbs from a few recognised reliable sources in China we have been working with for years. It's not that the herbs are not available in India, I haven't found a reliable source yet, and I don't want to experiment with my medicines and compromise on the quality. But when I run out of stock, I go with local herbs like neem leaves, garlic, jaggery, turmeric, alovera, etc, that are easily available here."

FOREIGN BREEDS FIND IT HARD IN TROPICAL CLIMATE

Most of us love foreign dog breeds because they look cuter. "Most rich clients, who bring their dogs to me, own foreign breeds like Labradors. The problem is, these dogs are not accustomed to this climate and face health issues. Without understanding their health conditions, the owner starts to feed what's not right for their body and then, they make them reproduce. These dogs can't cope with all this change, and that's the reason they frequently fall sick. This leads to behavioural changes in them, they turn aggressive and disobedient, and then the owner starts beating them. This is not how one takes care of a dog," says Juliet, and adds, "When it comes to strays, we don't need to have a house for them, but we can do small things like feeding them, giving them water and if possible, medical care. Even cows,